

MACHU PICCHU

2023 Clothing + Equipment List



We've provided packing recommendations below; however, equivalent items work just fine. We also offer many items for sale via our online store. These items are marked with an "x" in the appropriate column.

[You can shop the Machu Picchu Clothing + Equipment List on the Gear Store!](#)

Keep in mind that June and July are winter months in Peru. Warm layers are very important, as evening temperatures can dip down in the low 30's.			
EQUIPMENT			
Gear	Quantity	Purchase	Description
Backpacks & Bags			
Duffel Bag	1		90 – 110 liters (<i>Recommendation: North Face Base Camp L 95 L or Patagonia Black Hole Duffel 100 L</i>)
Day Pack	1	x	26 – 32 liter sturdy daypack /school backpack with waist straps to carry your rain jacket, water bottle and snacks (<i>Recommendation: Patagonia Refugio Pack 28L</i>)
Day pack Cover (waterproof)	1		Covers your day pack
Sleeping Gear			
Sleeping Bag	1		Synthetic sleeping bag rated 0° – 20° Fahrenheit with a compression stuff sack
Ground Pad	1		Insulating ground pad (<i>Recommendation: Therm-a-rest RidgeRest or Therm-a-Rest ProLite</i>)
NOTE: Your duffel bag needs to be able to fit all of your belongings. Your sleeping bag & ground pad will take up a lot of the room in your duffel, so we encourage you to pack light around those bulky items.			
Additional Equipment			
Water Bottles	2	x	Minimum non-metal 32oz water bottles (<i>Recommendation: Nalgene 1L wide mouth</i>)
Pack Towel	1	x	Absorbent & quick to dry, large or extra-large is ideal (<i>Recommendation: Sea to Summit Drylite Towel</i>)
Headlamp	1		With fresh batteries + 2 sets of spare batteries (<i>Recommendation: Black Diamond Spot or Black Diamond Storm</i>)
Sunglasses	1		With 100% UV protection
Sunglasses holders	1		(<i>Recommendations: Crookies or Chums</i>)
Insect Repellent	1		Recommend 50-95% DEET
FOOTWEAR & CLOTHING			
Gear	Quantity	Purchase	Description
Footwear			
Hiking Boots	1		These can be lightweight hiking boots or low top trail shoes – break them in before arrival!
Tennis Shoes	1		A pair of comfortable, closed-toe shoes that you don't mind getting dirty

River Shoes	1		These can be open-toed, but do need to have a back strap (<i>Recommendation: Chaco, Teva, Keen</i>)
Socks	5 Pair		Non-cotton, lightweight hiking socks. Bring at least 1 heavy wool pair for colder temperatures (<i>Recommendation: Smartwool or Darn Tough</i>)
Upper Body Layers			
Long Underwear / Base Layer Top	2		One (1) synthetic, non-cotton, medium-weight long sleeve top (<i>Recommendation: Patagonia Capilene Crew</i>); One (1) wool heavy-weight long sleeve top (<i>Recommendation: SmartWool Merino 150 Base Layer</i>)
T-shirts	4	x	Minimum of 2 synthetic, non-cotton t-shirts (<i>Recommendation: Patagonia Capilene T-Shirt, Marmot Windridge</i>), other shirts may be cotton
Lightweight Top	1		Synthetic, non-cotton. This can be a fleece pullover, sweater or a full-zip jacket (<i>Recommendation: Patagonia R1 fleece</i>)
Fleece Jacket	1		Synthetic, non-cotton. This needs to be heavier than the lightweight top (<i>Recommendation: Patagonia Synchilla or R2 Jacket</i>)
Insulating Jacket	1		Synthetic or down insulation, non-cotton. This can be a synthetic or down “puffy” jacket (<i>Recommendations: Patagonia Nano Puff or Down Sweater</i>), or an additional heavyweight fleece
Rain Jacket w/ Hood	1		100% waterproof rain jacket with a hood - no ponchos! (<i>Recommendations: Patagonia Torrentshell or Marmot Precip</i>)
Sports Bra	2 - 3		For girls
Lower Body Layers			
Long Underwear / Base Layer Bottom	1		Synthetic, non-cotton medium weight long underwear bottoms (<i>Recommendation: Patagonia Capilene Lightweight/Midweight Bottoms</i>)
Quick-dry Shorts	2		Synthetic, non-cotton shorts (<i>Recommendation: Patagonia Baggies</i>)
Bathing Suit	1		Boys: your quick-dry shorts can double as your bathing suit
Long Pants	2		Minimum 1 pair of synthetic, non-cotton hiking pants, but the other pair may be cotton
Underwear	5		Synthetic, non-cotton are best (but a couple cotton pairs are okay)
Rain Pants (optional)	1		100% Waterproof pants large enough to fit over regular pants
Fleece Pants	1		Synthetic, non-cotton fleece pants or heavyweight long underwear bottoms (<i>Recommendation: Patagonia Synchilla Fleece Pants or Patagonia R1 Pants</i>)
Yoga pants	1 - 2	x	For girls, if you prefer to wear them (<i>Recommendation: Performance Jogger</i>)
Head & Hands			
Gloves			Wool or fleece, non-cotton medium weight gloves
Warm Hat		x	Wool or fleece, non-cotton beanie
Hat		x	A baseball hat or wide-brimmed hat for sun protection
Work Gloves			An inexpensive pair of basic work or gardening gloves for the community service project
NOTE: You can expect to get your clothes dirty during your community service section, so keep that in mind when choosing specific clothing and footwear items.			

PERSONAL ITEMS / MISCELLANEOUS			
Gear	Quantity	Purchase	Description
Toiletries			
Dopp Kit*	1		Contains: toothbrush, toothpaste, prescription medication, travel shampoo & soap, deodorant (<i>Recommendation: Patagonia Black Hole Cube 6L – M</i>)
First Aid Kit*	1		Contains: Insect repellent, waterproof sunscreen, Band-aids, Moleskin, Chapstick w/ sun prevention, Wet Ones wipes, Dramamine, personal hand sanitizer. Please consult w/ your physician about anti-diarrhea & altitude medication
Prescription glasses + Contacts	2 pair		If your child wears glasses and/or contacts, please bring at least one spare pair of glasses/ lenses. Contact lens wearers should bring a pair of glasses as backup in addition to contacts.
*Please keep all toiletries in your checked luggage, with the exception of your toothbrush and any personal/prescription medication			
Miscellaneous			
Wallet	1		Personal wallet with \$150 spending money and valid identification
Passport + copies	1 +2 Copies		Passport (valid for 6 months after the last day of your trip) + 2 additional photocopies of your passport
COVID-19 Vaccination Card + Copies	2		Valid COVID-19 vaccination card + 2 additional photocopies of your vaccination card
International Travel Authorization Form	1		Original signed and notarized international travel authorization form
Bandana / Buff	1	x	For additional sun and wind protection. Buffs are tube-like and can be worn up to 12 different ways providing versatile sun protection. Can even be worn as a headband! (<i>Recommendation: Moondance Buff</i>)
OPTIONAL GEAR			
Gear	Quantity	Purchase	Description
Sleeping Bag Liner	1	x	Silk, cotton, or synthetic. Sleeping bag liner/travel sheet isn't required, but is nice to have (<i>Recommendation: Sea to Summit Expander Travel Liner</i>)
Sock liners	1 - 2		Synthetic, non-cotton liners that help wick moisture
Digital Camera*	1		With charger + adapter, and a 32- 64GB memory card (<i>Recommendation: Cannon Powershot G9 X</i>)
Go Pro	1	x	With charger and 32-64GB memory card
A good book	1		Paperback books are less bulky
Notebook with pen	1		For journaling
Backpackers Pillow	1		A luxury to have while camping or on travel days
Spanish / English dictionary	1		Helpful tool
Personal Protective Equipment: Mask	2		Three (3) reusable, breathable masks that completely cover nose and mouth and fit snugly; Moondance will not provide masks. To be used where it is required by trip location or outfitter.
*Since we don't allow cell phones during the course of our trips, you may not use your phone as a camera. Leaders will take photos that will be shared at the end of the summer.			

PACKING TIPS

NOTE: In the event that your luggage is delayed or lost in transit, we want you to be prepared. Therefore, wear tennis or hiking shoes on the plane. Plus, pack the following items from this packing list in your daypack / school backpack carry-on:

- A change of clothes (underwear + t-shirt + shorts or pants)
- Your rain jacket
- Prescription medications & toothbrush
- Passport, ID, money
- COVID-19 Vaccination Card
- Personal Protective Equipment: Mask (2)
- Completed International Travel Authorization form

These items are already included in the packing list – they are not additional items!

LODGING / TRIP INFORMATION

SLEEPING ARRANGEMENTS: During your trip you will stay in a variety of accommodations; Hotels, lodges, and tents (all single gender).

EATING ARRANGEMENTS: Eating utensils (plates and cutlery) will be provided throughout the trip.

If you have any special dietary restrictions/ considerations, please contact the Moondance office for further information.

Questions? Please reach out to: admissions@moondanceadventures.com